

HEALING & RECOVERY GROUPS

TRAUMA, HURTS AND LOSSES: AWARENESS AND HEALING

Where: Quivira Campus RM 200 • Mondays, October 15 – November 19, 1:00 P.M. - 3:00 P.M.

Trauma, hurts, and losses are part of the human experience in our broken world. Regardless of severity, these painful experiences can impact our psychological, physical, emotional, and spiritual well-being by disrupting lives, destroying hope, and isolating people from self, others, and God. This group is Bible-based, clinically sound, and creative in its mixture of teaching, scripture, skits, tools, and small group discussion. Topics include: God and suffering; how God heals wounded hearts; taking our pain to the cross and the difficult journey of forgiving others. Begin your own journey of healing or learn these Biblical essentials so you can be a safe harbor for others. Led by Nancy Morgan and Audrey Shaneyfelt. Contact: audrey.shaneyfelt@hotmail.com; (816) 332-7854. **REGISTER:** [CLICK TO REGISTER](#)

MEN'S RECOVERY GROUP FOR PROBLEMATIC SEXUAL BEHAVIORS

When: Wednesdays, October 17 – April 24, 7:00 PM - 9:00 PM • Meeting location is confidential
This 25-week confidential therapeutic support group is for Christian Men who struggle with problematic sexual behavior. The goal of the group is to provide on-going support, education, and accountability to men who are ready to take courageous steps into healing and growth. Meets every week, other than on or around key holidays. Meeting location is confidential. If interested, contact Tom Page, LPC: 913.286.5262 or tpage@revivekc.com. Cost is 40\$ per nightly session, plus cost for materials. Reduced rate of \$25 per nightly session for Colonial regular attenders.

HEALING FOR THE PAIN AND LOSS OF ABORTION

If Not for Grace, a local ministry, offers a 9-week class for women struggling with the pain of abortion. Using creative and artistic expression, journaling and Bible reading, participants work to overcome lies that bind the abortion-wounded. **Contact:** 816.847.2911 or go online to www.infg.org.

HEALING WEEKED EVENTS

SOUL HEALING WEEKEND: October 12 – 13 at the Wornall Campus. Focus will be on our identity in Christ.

EMOTIONAL HEALING INTENSIVE

When: Two Saturdays: Sept 22 from 9 am - 1:15 pm and Sept 29 from 9 am - 3:30 pm

Where: Wornall Campus

We will watch Dr. Marcus Warner's DVD series: Emotional Healing. Topics: Understanding the Wounded Heart (WVLS: wounds, vows, lies, strongholds); Listening Prayer; Warfare; Bonding and Skill Building; Brain Science, Capacity and Maturity; Return to Joy from Negative Emotions. **Cost: \$25.** Snacks starting at the first break (around 10:00). Lunch: Sept 29 is a long day, so box lunches are available for purchase: \$10. We will likely order from Jason's Deli or feel free to bring a lunch and we can put in the fridge for you. (NO lunch on Sept 22 as we end at 1:15). Recommended Preparation: Though not required, you will be best prepared for this series by watching Marcus's "Course 1: Foundations" which is online and FREE: www.ustream.tv/channel/dwi-course-1-foundations. **QUESTIONS:** Email Kim Jones at kjones@colonialkc.org. **REGISTER:** [CLICK TO REGISTER](#)

SUPPORT & CARE

CAREGIVERS SUPPORT GROUP (ONGOING)

This group meets on the third Thursday of the month, from 1:30 PM–3:00 PM in the Wornall Prayer Room. Get care-giving tips, advice, and support with others who understand the role of being a caregiver. Connect with those who understand what you're going through. Share, vent, laugh, pray, and feel less alone. Join anytime, no registration required. **Contact:** Pastor Mary Brown, 816.501.3002.

DEMENTIA CAREGIVER SUPPORT GROUP (ONGOING)

Sufficient Grace Dementia Support Group is under the guidance of Cornerstone Presbyterian Church's Stephen Ministry program for families with a loved one affected by dementia. This is an ongoing group. **Contact:** Barry Duwe at duweba@gmail.com.

GRIEFSHARE

GriefShare seminars and support groups are led by people who understand what you are going through and want to help. You'll gain access to valuable GriefShare resources to help you recover from your loss and look forward to rebuilding your life. Heartland Community Church (heartlandchurch.org) and College Church of the Nazarene (collegechurch.org) offer GriefShare, or check the national website, griefshare.org/findagroup, for other offerings in the area.

DIVORCECARE

DivorceCare offers practical information that will help you recover from your separation or divorce. You will receive expert video teaching on divorce and recovery subjects, group discussion on the teaching topics, and an opportunity to continue the processing through daily individual work. **Contact:** Heartland Community Church (heartlandchurch.org) and College Church of the Nazarene (collegechurch.org) offer DivorceCare, or check the national website (divorcecare.org/findagroup) for other offerings in the area.

JOB SEARCH SUPPORT GROUP (ONGOING)

This group is provided by Cornerstone Presbyterian Church. A Christian forum for job seekers to learn job search techniques/tactics and network with others who may assist in identifying and introducing them to potential employers. Open to all in the community. **Contact:** Larry Lee, 913.897.2229 or jobclubcpc@gmail.com for details.

TIMELY AND VITAL CITY-WIDE CONFERENCE

THE CHURCH AS REFUGE: EQUIPPING LEADERS TO PROTECT & BLESS THE VULNERABLE

Guest Speaker: Dr. Diane Langberg, Phd.

April 4, 2019 9:00 AM – 4:00 PM

This is a conference designed for pastors, church staff, and leaders at any level in the body of Christ. Many in our churches and communities bear emotional and spiritual scars from abuse received from those in power: parents, spouses, bosses, or church leaders. How do we steward our God-given place of authority to ensure our churches are a safe harbor? This is a wonderful opportunity for your church to connect deeply to the Father's heart and come to understand more about the misuse of power, abuse, and how the Church can respond with specific help.

Where: Colonial Presbyterian Church (9500 Wornall Road, Kansas City MO 64114)

Cost: \$25

Organizations & Topics for Lunchtime Breakouts:

- The Sending Project: Trauma Healing Groups
- Elevate KC: Racial Healing
- If Not for Grace: Grace and Healing for Abortion-Wounded Women

To be notified when registration opens: Email Mark Davis mark.davis@thesendingproject.org or Kim Jones (kjones@colonialkc.org).



Dr. Diane Langberg is globally recognized for her 45 years of clinical work with trauma victims. She is co-leader of the Global Trauma Recovery Institute, on the board of G.R.A.C.E. (Godly Response to Abuse in a Christian Environment) and serves as Co-Chair for American Bible Society's Trauma Advisory Council. She has authored several books including *Suffering and the Heart of God*; *Counseling Survivors of Sexual Abuse*; and *Counsel for Pastors' Wives*.