

# Ice-Breakers

**For the LIFE Group just getting acquainted, try these!**

What was the happiest moment in your life?

What room in your home do you like best and why?

If you had a time machine that would work only once, what point in the future OR in history would you visit?

If you could climb into "cartoon land," which cartoon character would you most like to be? Why?

Who is your favorite relative and why?

What is your favorite memory as a child?

Who has the greatest influence on your life right now?

Someone has just offered you \$50,000 to free-fall to the ground from a helicopter 300 feet in the air. All the details of this fall have been carefully worked out by experts. On the ground will be a huge airbag used by professional stuntmen to break their fall. Providing that you jump right and hit the bag, you will be safe. Will do this jump for \$50,000? (after all have answered, for those who said no, ask if they would do it for 1 million.)

What was the last most important event in your life?

If you could choose to go anywhere in the world to live, where would you go and why?

If you just received an all-expense paid trip to go anywhere outside of the US, where would you go and why?

What is your favorite time of day? Why?

What is the one movie, tv show, or book that you could watch or read over and over again and why? How does it make you feel?

If money were no object, what is the one thing you would most like to do?

What made you decide to live in the Kansas City area? And what do you like most, or least, about it?

Who is the most interesting person you have met?

How do you relax?

A football coach once said, "We learn almost nothing in victory, but we learn much in defeat." Do you agree with this? If so, would you be willing to share a time when you learned more from your failure than your success?

If you could not fail nor harm come to you, what is something you would like to do?

What stressed you out this past week (since we last met)?

If you could be a character in a book, tv show or movie, who would it be and why?

You have just been given 1 million dollars! Share how you would use your new fortune!

What is your favorite genre of music? Why? (or favorite song)

What do you look forward to most about growing old? Least?

# Ice-Breakers 2

## **For the LIFE Group already acquainted, try these!**

How would your life be different if you knew Jesus was returning in 48 hours?

What is the most interesting, crazy, or funniest thing that happened on a date?

What do you appreciate most about your best friend?

If laughter were the fuel in the tank of life, would your gauge be at? Full? nearly empty? Do you remember the last time you laughed until you cried?

Who has been the greatest influence on your Christian life and why?

What do you still want to accomplish with your life – goals or dreams not yet filled?

Already including faith in God, which one of the following traits do you think is the most important to instill in a child's life? Obedience – conformity – tolerance of opposing views – patriotism – good manners – independence...

What makes you get up in the morning (not the alarm clock – but the motivating force)?!

What is the first word or feeling that comes to mind when you think about God?

In what area of your life is it most difficult to trust God?

Do you think God likes to have fun?

What do you usually do when you notice that there is distance growing between you and a friend?

How would you describe God to a child?

If you were to completely stop watching tv for a year, what would you do with the extra time?

What would you hope would be said at your funeral about you?

# Ice-Breaker Activities

## Q and P (Questions and Prayer)

**This is a great way to get to know people better who already may know a little about each other.**

Give each person an index card. On one side, write their name and a prayer request – and inform that this will be shared later. On the other side, have them write down two true statements about themselves, and one false – mix up where the false is at as later, you will go around the room and share the three statements – and everyone will guess which one is the false statement. When it comes time for prayer, invite each person to find one person to pray for – by doing so, each person will be talking with two people – one person who takes their card and prayer request (as a reminder to pray for that person), and one person they are asking for their card and prayer request.

## Ask me, Answer me

**This is just a fun one for any level of “getting to know you”**

This is a fun small group icebreaker for all ages. Have each person take two strips of paper. Have them place the same number on both sheets. Make sure nobody has the same number. Then have them place one of the numbers in the middle. Then have the group pick a different number. Each person should have their original number and a different number. Now have them write a funny question on the original number piece of paper and a funny answer on the different numbered piece of paper. Then go around the group saying the number and then asking a question, then have the person with the same number answer the question. This should be a funny icebreaker.

## Human Knot

**This is just a fun one for any level of “getting to know you”**

(Recommended number of people: 4-15 – and everyone should be “limber” in the group so no one feels like they cannot participate -- allow at least 10 minutes!!!)

You get everyone in a tightly packed circle and the people in the group grab the hands of people across from them. They cannot grab the hand of the person next to them. They also cannot grab both hands of the same person. This way, everyone’s arms are tangled up. They must try to form a circle without letting go of each other’s hands by climbing over and under each other. You can revise this by placing a person in the middle and have them tell the others how to get out of the knot, while he/she is standing in the middle.

## Running Charades

**This is just a fun one for any level of “getting to know you”**

It’s charades with an exciting, fun and frantic twist. To start, players divide into two or three teams. Each team goes to a different room, far enough apart that the other team would not hear them. Now, one member from each team goes to the host who holds the “charades clues” on two papers – one for each team – and reveals the first charade (they both get the same clue). The players run back to their teams and act out the charade. As soon as a team member guesses the charade correctly, the one that guessed runs to the host in the other room and tells the host the answer – if correct, the host then shows the next clue on that team’s list. By having two papers with clues, neither team knows where the other is in “winning” the game. The first team to get all charades listed wins!

## What's that Product?!

This has some old ones as well as new ones – and feel free to add your own!!!

- |   |                        |
|---|------------------------|
| 1. Double the pleasure, double the fun    | Doublemint Gum         |
| 2. The scent opens your eyes              | Coast                  |
| 3. Oh what a feeling                      | Toyota                 |
| 4. Just for the taste of it               | Diet Coke              |
| 5. The choice of a new generation         | Pepsi                  |
| 6. The way to really fly                  | Metra                  |
| 7. Something special in the air.          | American Airlines      |
| 8. Softens your hands while you do dishes | Palmolive              |
| 9. Just do it.                            | Nike                   |
| 10. Life is short. Play hard              | Reebok                 |
| 11. You got the right one baby, uh huh    | DIET Pepsi             |
| 12. Just what the doctor ordered          | Dr. Pepper             |
| 13. Make a run for the border             | Taco Bell              |
| 14. Have it your way.                     | Burger King            |
| 15. Obey your thirst.                     | Sprite                 |
| 16. Good to the last drop.                | Maxwell House          |
| 17. The quicker picker upper              | Bounty                 |
| 18. Don't squeeze the _____               | Charmin                |
| 19. It does a body good                   | Milk                   |
| 20. Take me away.                         | Calgon                 |
| 21. The Uncola                            | 7-Up                   |
| 22. Finger Lickin' Good                   | Kentucky Fried Chicken |
| 23. I love this game!                     | NBA                    |
| 24. You can't outlast the _____.          | Energizer              |

## Memory Game

Pick an area – like items in an office, or things related to food, or items from games... etc. and place them on a tray. Hold the tray and allow it to be in front of each person for 10 seconds, then move on. At the end, place the tray in the middle for a final 15 seconds for all to see (so there is no advantage of the first person from last person to see tray), and then cover the tray. Allow one minute for them to write down as many items as possible. It would be great for the winner to receive a fun gift, or even a white elephant gift!

## Who Am I?

As each member arrives, put the name of a famous person on their back so they cannot see it (choose people that people are likely to know). They can ask one question, with yes and no answers, of each person in the group – like "Am I a singer?" (If your group is small, you can allow two questions per person.) When the group gets together, reveal who you think you are to the delight of all! If wrong, either have them keep asking questions or reveal to that person "who" they are!

## Paper Roll Tells All! (This is a great FIRST TIME TOGETHER game)

Don't tell anyone what it is for, but just invite people to take off as many squares from the toilet paper as they would like and pass it on to the next person. When everyone has their squares of toilet paper, reveal that for the number of squares they have, they need to tell something about themselves... work, favorite song, age, dream car to drive, actual car they drive, vacation, etc...